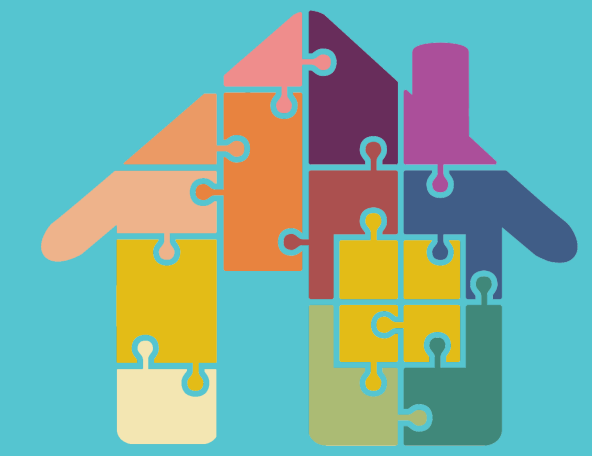


H-SYNC SPRING '21 UPDATE



Housing Stability for Youth in Courts (H-SYNC)

H-SYNC is a youth homelessness prevention model designed to identify youth at risk within the juvenile court system and refer them and their families to needed prevention, intervention, and housing services via a stepped-care model that focuses limited resources where they are needed most.

Total referrals

107

Families Triaged

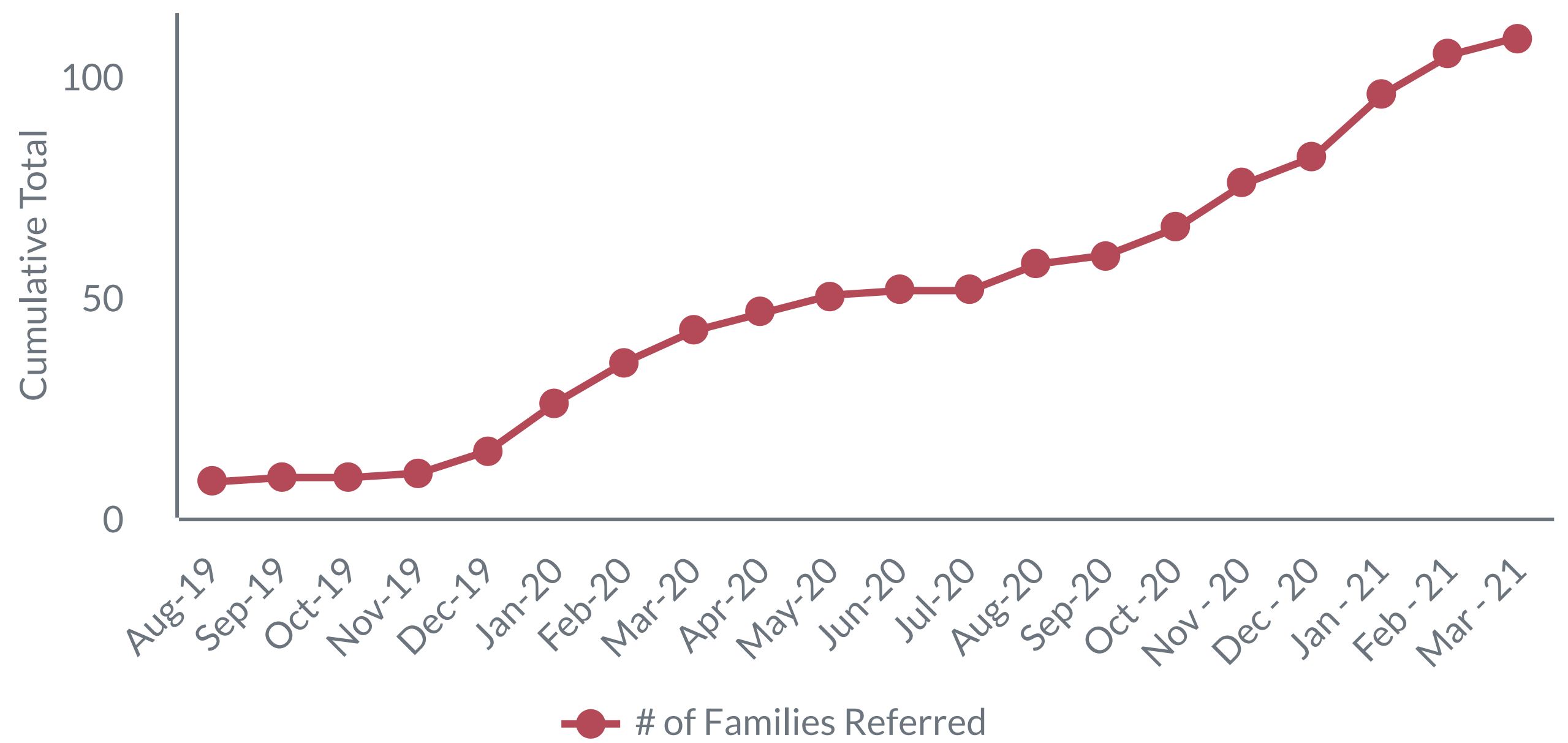
65

Counties Served

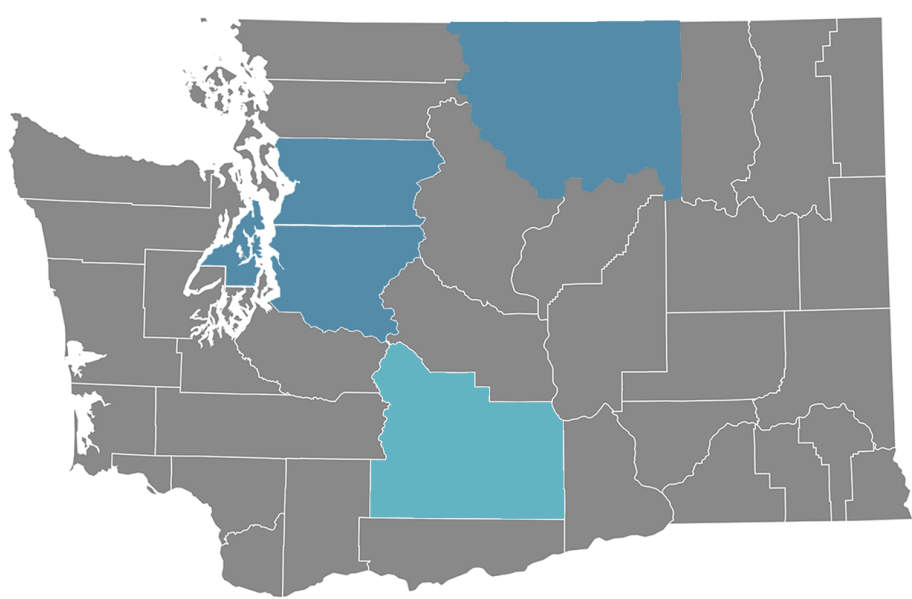
4

Referrals Over Time

Cumulative # of Families Referred to H-SYNC from August 2019 through Mid-March 2021



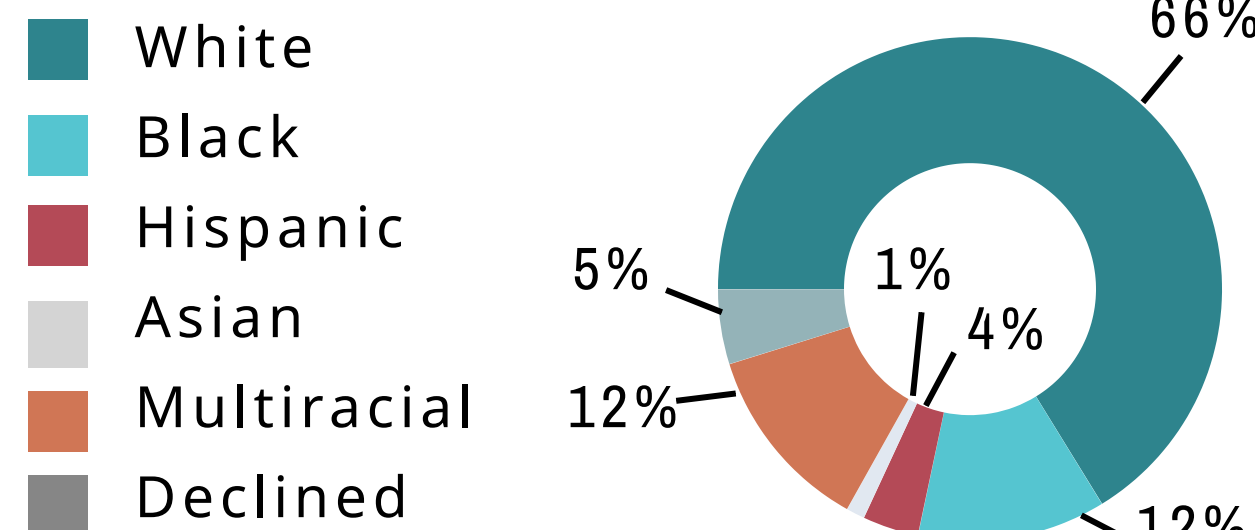
County Pilot Sites



*Yakima County potentially hiring an H-SYNC Navigator in 2021

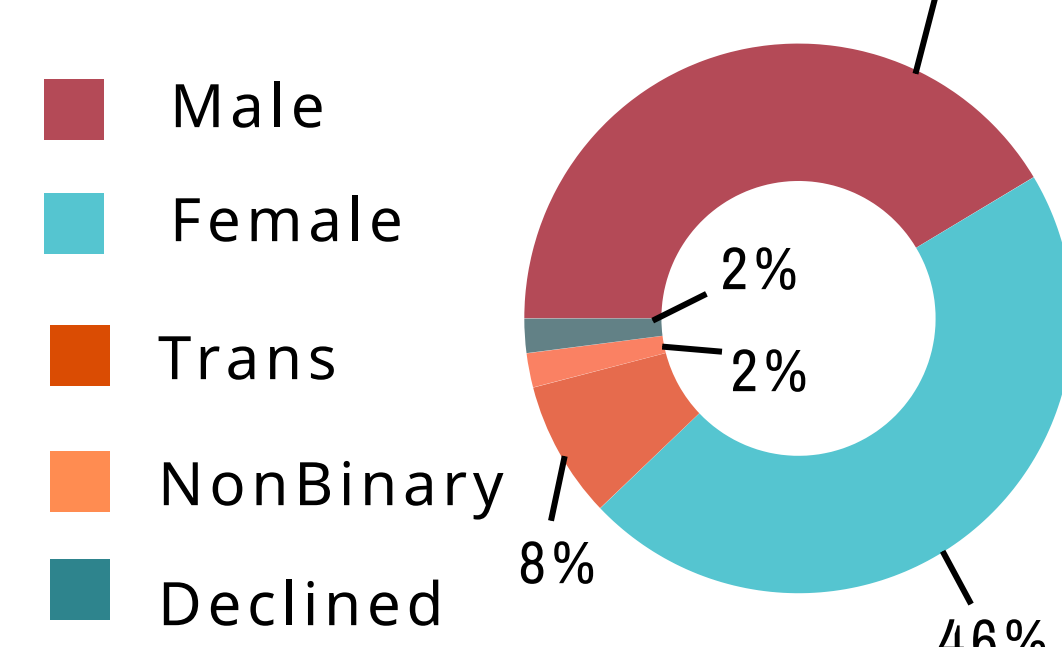
Referral Demographics

Race/Ethnicity



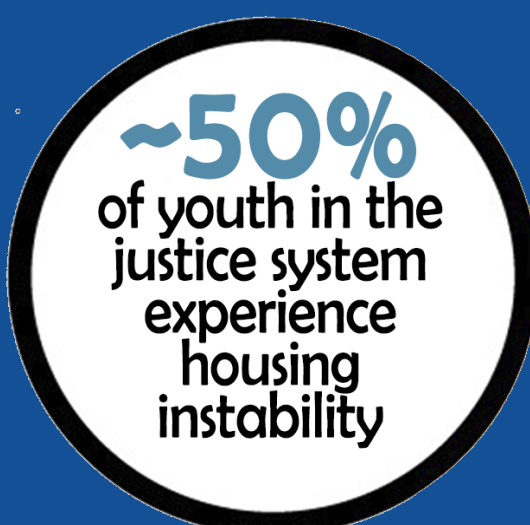
*The proportion of youth of color involved in the criminal-legal system is 38%, comparable to the breakdown of youth referred to H-SYNC.

Gender



About H-SYNC

Youth housing instability increases community risk for violence, substance misuse, physical health vulnerabilities and missed opportunities for positive youth development. H-SYNC is a community-developed youth homelessness prevention model that leverages the court system as a unique connection point. In H-SYNC, courts use routine data flags to universally identify and refer youth and their families to services tailored to their particular needs. Automatic referrals based on data flags ensure that youth who are at risk of homelessness, but who may not be asking for immediate housing services, don't fall through the cracks. The model is designed to be scalable, adaptable, and referrals are tiered based on need so resources are focused where they are needed most. H-SYNC also maximizes existing community resources through service mapping and connection.



Example Success Story

Joe* was referred to the YMCA King County H-SYNC Navigator. Joe is an adolescent father and needed support around parenting and childcare resources. They had tried multiple programs but had received no response in the past and had given up. The Navigator was able to build a relationship with the family that allowed her to fully assess their needs and preferences and successfully refer them out to tailored resources in their community, including a program for Young Dads, baby resources to provide furniture and diapers, and in-home family services to support the Young Dad while he continued to live with his own parents.

*Names have been removed for anonymity

Youth & Caregiver Testimonials

"It was actually a big amount of support. I felt like as a parent, it kind of took the weight off of me trying to hold down the fort for so long...it was just a year of a mess. It was nice to have that support and someone else to talk to who has resources to get you in the right direction." - Caregiver

"I think we were treated with a lot of dignity...there was none of the judging, there was none of that. I mean she treated us like normal human beings, you know, just tried to see where our needs were after going through the court system" - Caregiver

"They gave me more resources and information about a lot of things to like survive in this little world we've got going on here." - Youth

"[My navigator] told me if I ever needed anything, just ask. Like I'm not alone. there's a lot of people who were going through this...school, mental, emotional, physical need...like anything I need, I could just ask." - Youth

"I think the support was awesome. They're very nice. They're like really giving and really cool. It's like a friend, like talking to a friend." - Youth

Visit www.uwcolab.org/hsync or e-mail hsync@uw.edu for more information

Special thanks to our funders, the Raikes Foundation, Block-Leavitt Foundation, Premera, and the WA Office of Homeless Youth



Community & Behavioral Health Policy

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