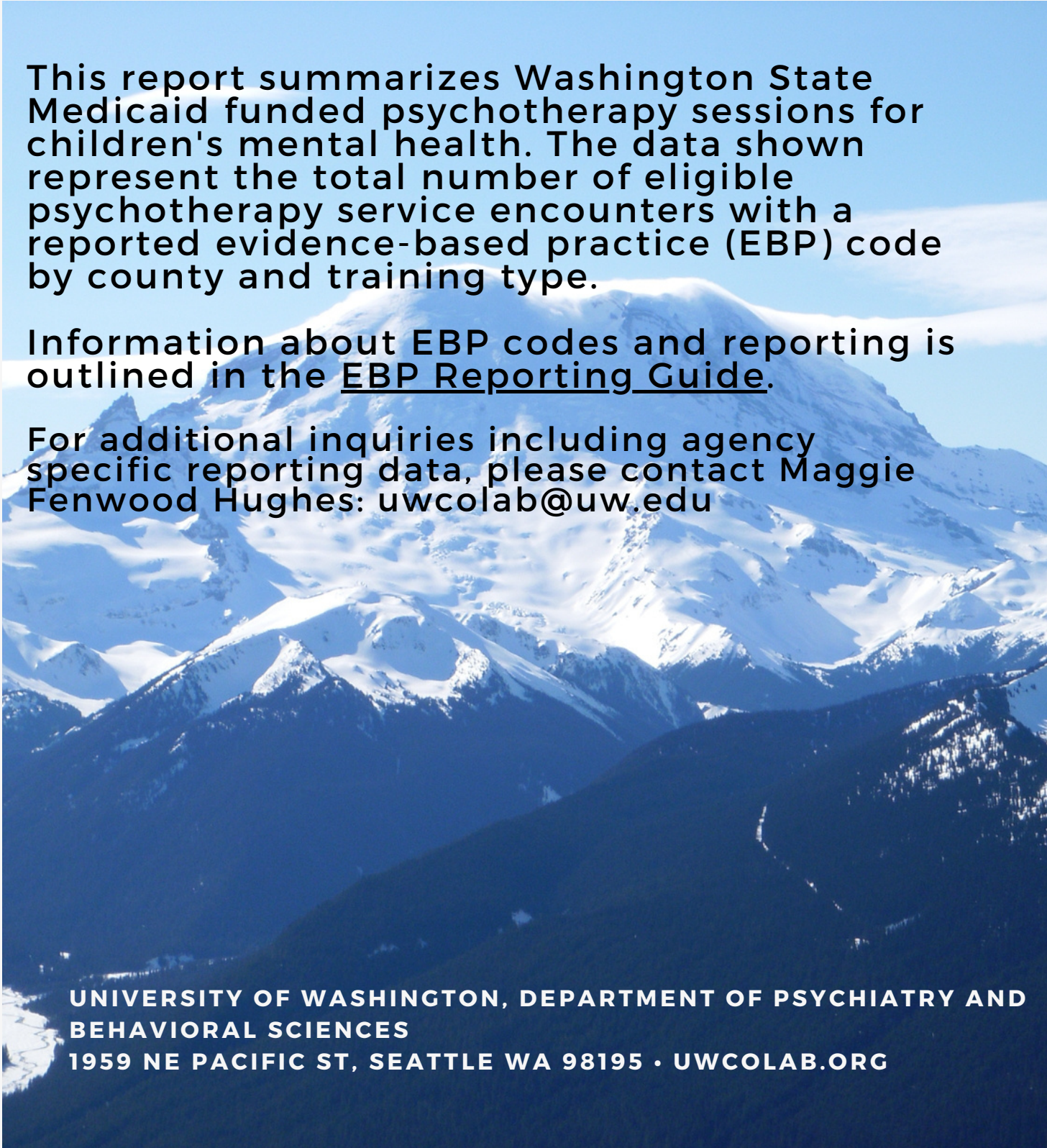


QUARTER THREE 2022

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

**UNIVERSITY OF WASHINGTON, DEPARTMENT OF PSYCHIATRY AND
BEHAVIORAL SCIENCES
1959 NE PACIFIC ST, SEATTLE WA 98195 • UWCOLAB.ORG**

TABLE 1: EBP PSYCHOTHERAPY SERVICES PROVIDED TO ELIGIBLE CLIENTS BY COUNTY FOR Q3 2022 : 7/1/2022-9/30/2022

County	Total Eligible Service Encounters	Total Qualifying EBP Service Encounters	Percent of Qualifying EBP Services Provided
Adams	305	0	0%
Asotin	301	0	0%
Benton	2,843	240	8%
Chelan	1,412	99	7%
Clallam	898	0	0%
Clark	11,224	34	0%
Columbia	53	7	13%
Cowlitz	2,905	0	0%
Douglas	782	113	14%
Ferry	95	0	0%
Franklin	1,119	65	6%
Garfield	4	0	0%
Grant	1,920	21	1%
Grays Harbor	1,118	7	1%
Island	812	2	0%
Jefferson	495	72	15%
King	15,489	1,837	12%
Kitsap	2,386	8	0%
Kittitas	473	233	49%
Klickitat	108	1	1%
Lewis	1,185	15	1%
Lincoln	159	8	5%
Mason	662	18	3%
Okanogan	591	2	0%
Pacific	504	29	6%
Pend Oreille	279	7	3%
Pierce	12,711	415	3%
San Juan	247	0	0%
Skagit	1,937	22	1%
Skamania	96	0	0%
Snohomish	8,333	186	2%
Spokane	15,156	1,654	11%
Stevens	806	30	4%
Thurston	3,956	289	7%
Wahkiakum	77	0	0%
Walla Walla	1,142	129	11%
Whatcom	3,095	92	3%
Whitman	600	9	2%
Yakima	5,928	3,663	62%
Unknown	26	0	0%
Total	102,232	9,307	9%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q3 2022)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q3, 2022 = 9,307

EBP Code description	Number of agencies reporting with EBP code (Q3 2022)	Total reported EBP sessions for each code (Q3 2022)
Coping Cat	1	13
Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	9	102
Incredible Years Parent Training	1	26
Multimodal Therapy (MMT) for Children with ADHD	1	9
Trauma Focused CBT for Children	17	826
Triple-P Level 4, Individual	1	10
Behavioral Parent Training (BPT) for Children with Disruptive Behavior Disorder	16	2,080
Behavioral Parent Training (BPT) for Children with ADHD	1	1
Cognitive Behavioral Therapy (CBT) for Anxious Children (group, individual, or remote)	24	2,952
Cognitive Behavioral Therapy (CBT) for Depressed Adolescents	23	1,659
Cognitive Behavioral Therapy (CBT)-Based Models for Child Trauma	16	1,141
Coping Cat/Koala Back Based Model	1	22
Coping with Depression – Adolescents	1	1
Dialectic Behavior Therapy (DBT)	9	197
Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	2	69
Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	7	137
Parent Cognitive Behavioral Therapy (CBT) for Anxious Children	3	19
Parent Management Training (Oregon Model)	1	32
Child-Parent Psychotherapy	2	3
Cool Kids	1	1
Cognitive Behavioral Intervention for Trauma in Schools	1	2
Enhancing Resiliency Among Students Experiencing Stress (ERASE-Stress)	1	1
KID-NET Narrative Exposure Therapy for Children	1	1
Trauma Grief Component Therapy	2	2

TABLE 3: TREND OVER TIME

