



QUARTER THREE 2021

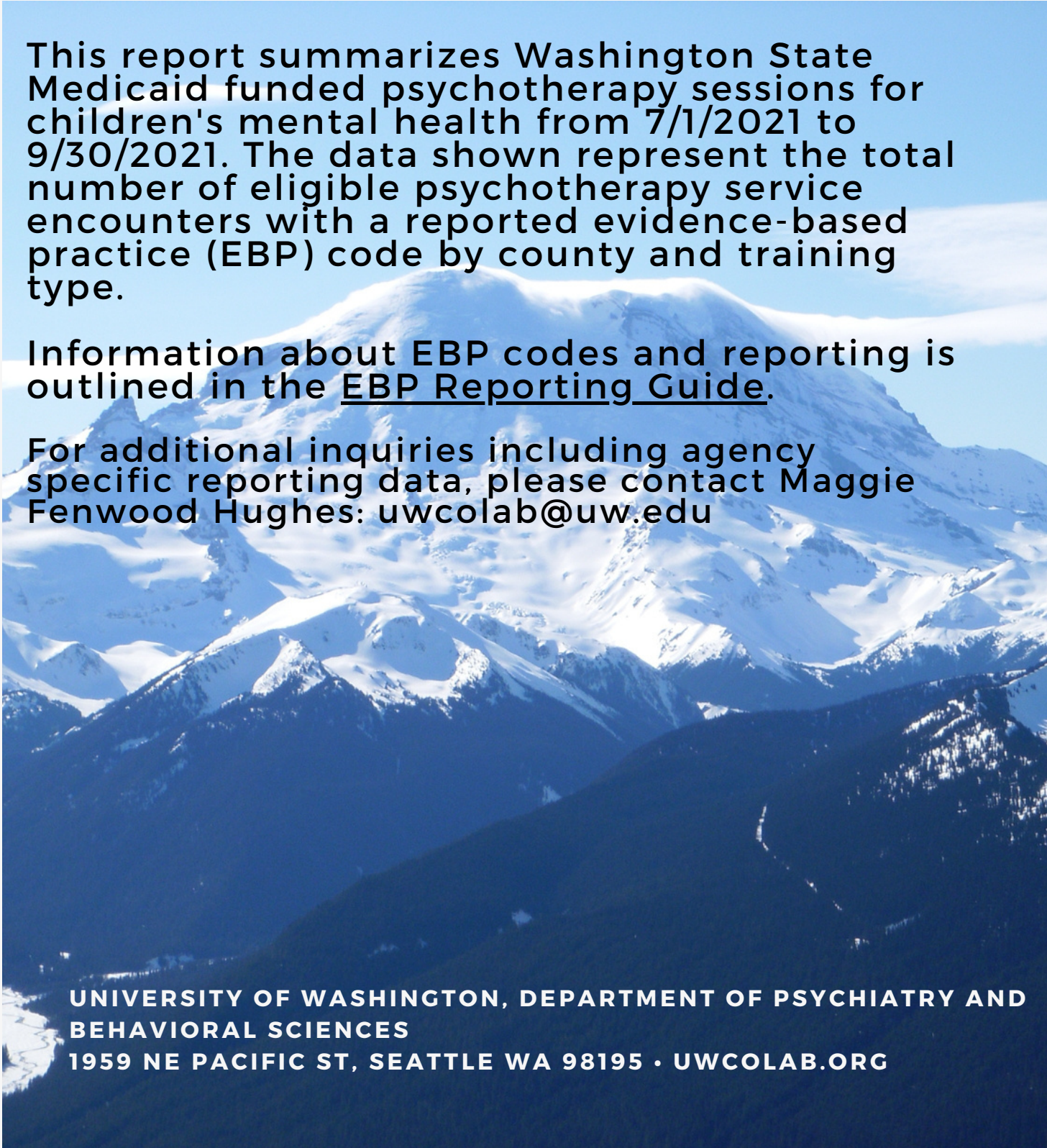
# Evidence-based mental health services for youth and children in Washington State

## Performance Report

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**DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.**

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This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health from 7/1/2021 to 9/30/2021. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: [uwcolab@uw.edu](mailto:uwcolab@uw.edu)

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**TABLE 1: ELIGIBLE CLIENTS THAT RECEIVED A REPORTED EBP PSYCHOTHERAPY SERVICE ENCOUNTER BY COUNTY - QUARTER THREE 2021**

County	Total Eligible Clients that received psychotherapy	Number of clients that received any documented EBP psychotherapy services	Percent of Clients Received any EBP psychotherapy Services
Adams	113	0	0%
Asotin	100	1	1%
Benton	774	122	16%
Chelan	498	76	15%
Clallam	268	3	1%
Clark	2,288	34	1%
Columbia	16	1	6%
Cowlitz	814	1	0%
Douglas	273	41	15%
Ferry	26	1	4%
Franklin	387	45	12%
Garfield	5	1	20%
Grant	650	7	1%
Grays Harbor	271	33	12%
Island	153	0	0%
Jefferson	91	0	0%
King	4,207	605	14%
Kitsap	628	1	0%
Kittitas	165	116	70%
Klickitat	79	23	29%
Lewis	395	1	0%
Lincoln	75	1	1%
Mason	208	1	0%
Okanogan	107	1	1%
Pacific	98	3	3%
Pend Oreille	67	2	3%
Pierce	2,981	90	3%
San Juan	11	0	0%
Skagit	477	2	0%
Skamania	24	1	4%
Snohomish	1,934	49	3%
Spokane	3,604	597	17%
Stevens	202	10	5%
Thurston	829	59	7%
Wahkiakum	26	0	0%
Walla Walla	246	54	22%
Whatcom	694	46	7%
Whitman	156	2	1%
Yakima	1,644	1,035	63%
Unknown	10	1	10%
<b>Total</b>	<b>25,594</b>	<b>3,066</b>	<b>12%</b>

**TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (QUARTER THREE 2021)**

**TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q3, 2021 = 10,060**

<b>EBP Code</b>	<b>EBP Code description</b>	<b>Number of agencies reporting with EBP code (Q3 2021)</b>	<b>Total reported EBP sessions for each code (Q3 2021)</b>
860004000	Behavioral Parent Training (BPT) for Children with ADHD	2	3
860016000	Cognitive Behavioral Intervention for Trauma in Schools	1	4
860035000	Coping Cat	1	4
860043000	Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	9	146
860073000	Incredible Years Parent Training	4	50
860085000	Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC)	2	60
860091000	Multimodal Therapy (MMT) for Children with ADHD	3	43
860136000	Trauma Focused CBT for Children	15	930
860137000	Trauma Grief Component Therapy	1	1
860140000	Triple-P Level 4, Individual	3	79
860148000	Behavioral Parent Training (BPT) for Children with Disruptive Behavior Disorder	23	1,841
860151000	Cognitive Behavioral Therapy (CBT) for Anxious Children (group, individual, or remote)	26	2,967
860153000	Cognitive Behavioral Therapy (CBT) for Depressed Adolescents	25	2,160
860155000	Cognitive Behavioral Therapy (CBT)-Based Models for Child Trauma	20	1,212
860157000	Coping Cat/Koala Back Based Model	1	22
860159000	Coping with Depression – Adolescents	2	19
860160000	Dialectic Behavior Therapy (DBT)	11	251
860171000	Helping the Non-compliant Child	1	1
860180000	Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	2	61
860186000	Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	6	145
860187000	Parent Cognitive Behavioral Therapy (CBT) for Anxious Children	6	62
860010000	Brief Strategic Family Therapy (BSFT)	1	1
860163000	Child-Parent Psychotherapy	1	1
860158000	Coping Koala	1	1