

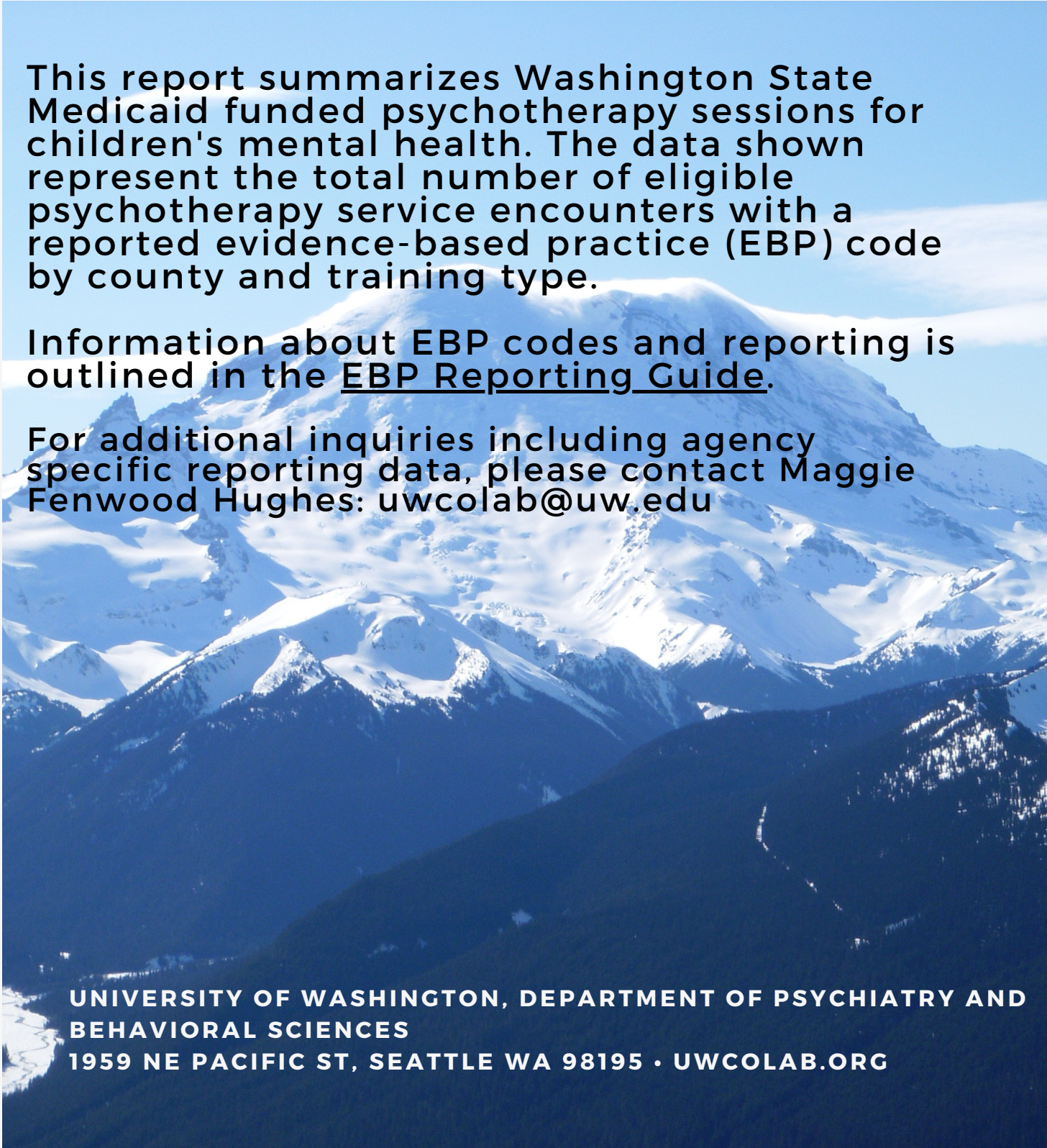


QUARTER ONE 2022

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

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TABLE 1: ELIGIBLE CLIENTS THAT RECEIVED A REPORTED EBP PSYCHOTHERAPY SERVICE ENCOUNTER BY COUNTY

County	Total eligible clients that received psychotherapy	Number of clients that received any documented EBP psychotherapy services	Percent of clients that received any EBP psychotherapy services
Adams	129	0	0%
Asotin	101	0	0%
Benton	796	124	16%
Chelan	511	30	6%
Clallam	253	0	0%
Clark	2,282	15	1%
Columbia	21	2	10%
Cowlitz	818	1	0%
Douglas	257	17	7%
Ferry	28	1	4%
Franklin	351	55	16%
Garfield	8	0	0%
Grant	735	1	0%
Grays Harbor	296	3	1%
Island	182	3	2%
Jefferson	61	2	3%
King	4,072	574	14%
Kitsap	639	1	0%
Kittitas	158	108	68%
Klickitat	71	13	18%
Lewis	425	5	1%
Lincoln	50	1	2%
Mason	227	5	2%
Okanogan	186	1	1%
Pacific	120	6	5%
Pend Oreille	71	3	4%
Pierce	3,351	179	5%
San Juan	71	0	0%
Skagit	478	5	1%
Skamania	23	0	0%
Snohomish	2,089	39	2%
Spokane	3,850	648	17%
Stevens	234	8	3%
Thurston	923	63	7%
Wahkiakum	27	0	0%
Walla Walla	293	47	16%
Whatcom	841	46	5%
Whitman	159	3	2%
Yakima	1,809	1041	58%
Unknown	7		0%
Total	27,003	3,050	11%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q1 2022)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q1, 2022 = 12,527

EBP Code	EBP Code description	Number of agencies reporting with EBP code (Q1 2022)	Total reported EBP sessions for each code (Q1 2022)
860035000	Coping Cat	1	1
860043000	Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	8	130
860073000	Incredible Years Parent Training	2	58
860085000	Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC)	1	66
860091000	Multimodal Therapy (MMT) for Children with ADHD	3	23
860136000	Trauma Focused CBT for Children	16	1,073
860140000	Triple-P Level 4, Individual	1	23
860148000	Behavioral Parent Training (BPT) for Children with Disruptive Behavior Disorder	18	2,546
860151000	Cognitive Behavioral Therapy (CBT) for Anxious Children (group, individual, or remote)	26	3,737
860153000	Cognitive Behavioral Therapy (CBT) for Depressed Adolescents	23	2,716
860155000	Cognitive Behavioral Therapy (CBT)-Based Models for Child Trauma	19	1,602
860157000	Coping Cat/Koala Back Based Model	1	12
860159000	Coping with Depression – Adolescents	2	21
860160000	Dialectic Behavior Therapy (DBT)	13	300
860180000	Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	4	21
860186000	Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	7	124
860187000	Parent Cognitive Behavioral Therapy (CBT) for Anxious Children	6	38
860188000	Parent Management Training (Oregon Model)	1	35
860010000	Brief Strategic Family Therapy (BSFT)	1	1