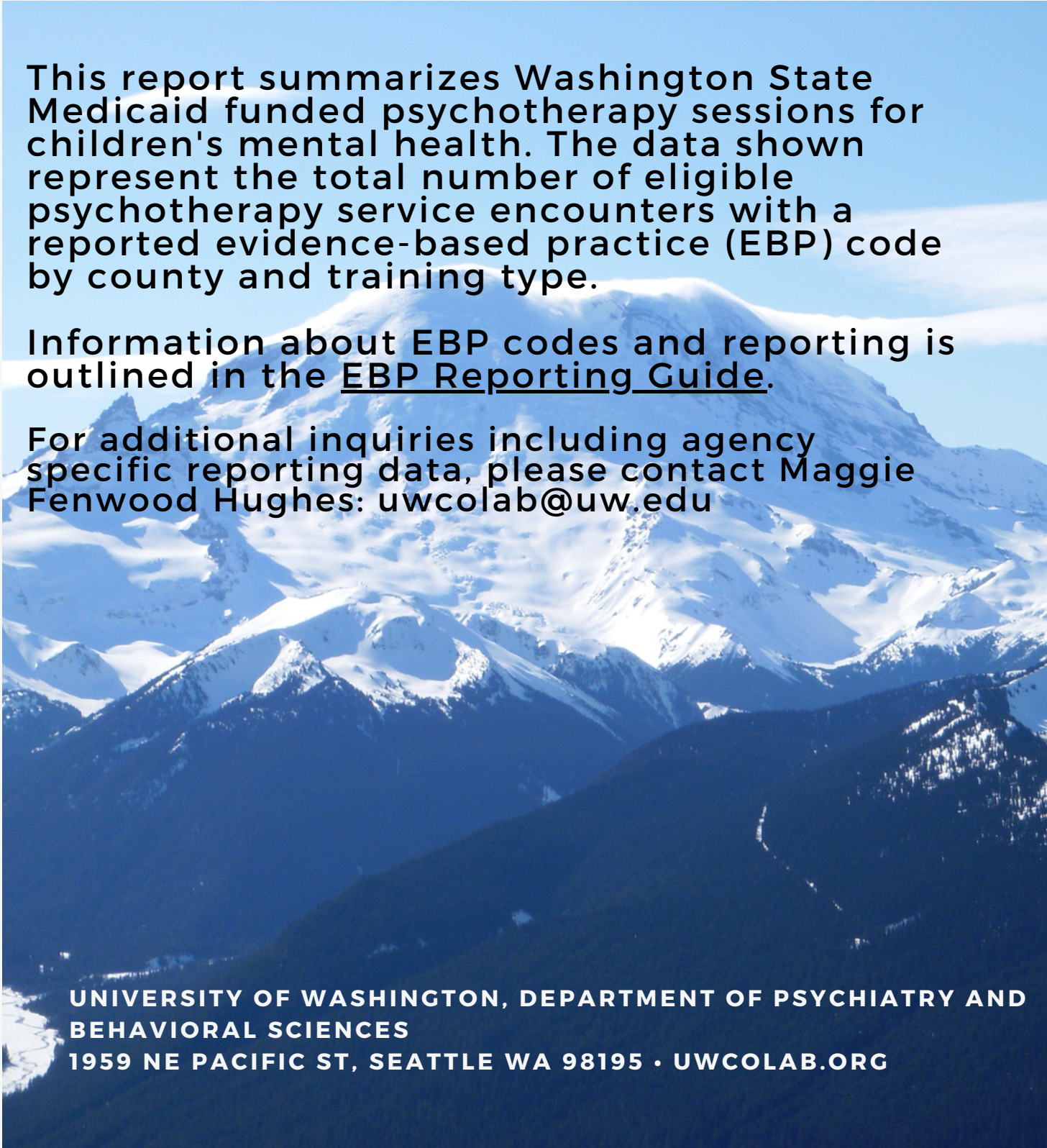


QUARTER FOUR 2022

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

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TABLE 1: EBP PSYCHOTHERAPY SERVICES PROVIDED TO ELIGIBLE CLIENTS BY COUNTY FOR Q4 2022 : 10/1/2022-12/31/2022

County	Total Eligible Service Encounters	Total Qualifying EBP Service Encounters	Percent of Qualifying EBP Services Provided
Adams	418	2	0%
Asotin	363	0	0%
Benton	3,293	297	9%
Chelan	1,441	113	8%
Clallam	951	6	1%
Clark	12,357	58	0%
Columbia	81	17	21%
Cowlitz	2,998	59	2%
Douglas	674	92	14%
Ferry	127	0	0%
Franklin	1,430	101	7%
Garfield	2	0	0%
Grant	2,124	15	1%
Grays Harbor	1,374	18	1%
Island	869	27	3%
Jefferson	621	6	1%
King	18,509	1,936	10%
Kitsap	2,281	165	7%
Kittitas	511	279	55%
Klickitat	148	5	3%
Lewis	1,202	18	1%
Lincoln	230	6	3%
Mason	656	20	3%
Okanogan	605	2	0%
Pacific	489	22	4%
Pend Oreille	332	11	3%
Pierce	13,433	390	3%
San Juan	232	0	0%
Skagit	2,176	23	1%
Skamania	161	0	0%
Snohomish	9,258	94	1%
Spokane	21,219	2,599	12%
Stevens	896	22	2%
Thurston	3,911	287	7%
Wahkiakum	96	0	0%
Walla Walla	1,212	121	10%
Whatcom	4,218	113	3%
Whitman	506	8	2%
Yakima	5,958	3,372	57%
Unknown	8	0	0%
Total	117,370	10,304	9%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q4 2022)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q4, 2022 = 10,304

EBP Code	EBP Code description	Number of agencies reporting with EBP code (Q4 2022)	Total reported EBP sessions for each code (Q4 2022)
860010000	Brief Strategic Family Therapy (BSFT)	3	4
860016000	Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	1	2
860035000	Coping Cat	1	2
860043000	Eye Movement Desensitization and Reprocessing (EMDR)	9	125
860073000	Incredible Years Basic	2	47
860091000	Multimodal Therapy (MMT) for children with ADHD	3	19
860136000	Trauma Focused CBT for children	19	899
860140000	Triple P Precursor and Triple P Positive Parenting: Level 4 Individual; Parent Behavioral Therapy	1	28
860148000	Parent Behavioral Therapy	20	2067
860151000/870001555	CBT for Anxiety	31	3342
860153000	CBT for Depression	28	1910
860155000	CBT for Trauma	24	1330
860157000	Coping Cat/Koala book-based model	1	26
860159000	Coping with Depression – Adolescents	3	8
860160000	Dialectical Behavior Therapy (DBT) for adolescent self-harming behavior	10	235
860180000	Multisystemic Therapy (MST)	2	54
860186000	Parent-Child Interaction Therapy (PCIT)	7	148
860187000	Parent cognitive behavioral therapy (CBT) for children with anxiety	3	39
860188000	Parent Management Training (PMT)	1	19



TABLE 3: TREND OVER TIME

